

St. Louis Indoor Rowing Championship

February 14, 2009

	Place	Rower Name	Club	Time	Avg. Pace	
Collegiate Varsity Lwt. Men	1	Avi Glandon	WU	06:44.6	01:41.2	lwt.
	2	Andrew Warshauer	WU	06:46.0	01:41.5	lwt.
	3	Chris Harris	WU	06:56.5	01:44.1	lwt.
	4	Kirk Altman	WU	06:59.3	01:44.8	lwt.
	5	Connor Graham	WU	07:01.3	01:45.3	lwt.
	6	Derek Turnbull	WU	07:03.6	01:45.9	lwt.
	7	Mark Lilien	WU	07:06.1	01:46.5	lwt.
	8	Stephen Washburn	WU	07:18.2	01:49.6	lwt.
Collegiate Varsity Men	1	Matt Hicks	WU	06:42.8	01:40.7	
	2	Ricky Soukup	WU	06:44.3	01:41.1	
	3	Jewell Thomas	WU	06:48.8	01:42.2	
	4	Matt Putt	SIUC	06:49.6	01:42.4	
	5	Ryan Bowers	WU	06:51.5	01:42.9	
	6	Alex Jones	WU	06:52.2	01:43.0	
	7	Carl Pilgram	WU	07:01.0	01:45.3	
	8	Max Leidigh	MU	07:09.9	01:47.5	
	9	Stephen Williams	SLU	07:18.1	01:49.5	
	10	Andrew Carpenter	MU	07:21.5	01:50.4	
Collegiate Novice Men	1	Todd Anderson	WU	06:46.1	01:41.5	
	2	Josh Segura	WU	07:02.0	01:45.5	
	3	Jeff Killian	WU	07:09.4	01:47.4	
	4	Jon Elenkiwich	SLU	07:19.4	01:49.8	lwt.
	5	Jon Guzeit	SLU	07:25.0	01:51.2	lwt.
	6	Ali Gadelhak	SLU	07:25.9	01:51.5	lwt.
	7	Travis Wolfangel	SLU	07:29.4	01:52.4	lwt.
	8	Tyler Wolfangel	SLU	07:31.7	01:52.9	lwt.
	9	Dan Houlihan	SLU	07:58.1	01:59.5	lwt.
	10	Yousuf Ullah	SIUC	08:32.7	02:08.2	
Collegiate Varsity Women	1	Miranda Timonin	WU	07:24.2	01:51.1	
	2	Jennie Zelenack	SLU	07:53.7	01:58.4	
	3	Lindsey White	MU	08:07.9	02:02.0	
	4	Ellen Hutchins	SLU	08:26.4	02:06.6	
	5	Rita Williams	SLU	08:29.8	02:07.4	
Collegiate Novice Women	1	Angela Goodiel	WU	07:35.2	01:53.8	
	2	Gryte Satas	WU	07:40.6	01:55.1	
	3	Elizabeth Riley	WU	08:04.9	02:01.2	
	4	Theresa Paine	WU	08:09.4	02:02.3	lwt.
	5	Lindsay Lozito	WU	08:11.6	02:02.9	
	6	Kristen Powers	MU	08:24.1	02:06.0	
	7	Kathleen Graham	SLU	08:46.2	02:11.6	
	8	Kyla Gavlin	SLU	08:53.9	02:13.5	
	9	Jordan Entin	WU	08:56.1	02:14.0	lwt.
	10	Heather Gray	MU	09:23.1	02:20.8	

Open/Mens Masters A	1	Peter Jordan	SLRC	07:04.0	01:46.0	
	2	Andrew Black	SLRC	07:12.3	01:48.1	
	3	Marty Strohmeyer	SLRC	07:15.1	01:48.8	
	4	Rodney Uttenhove	SLRC	07:18.4	01:49.6	lwt.
	5	Devin Hori	SLRC	07:48.6	01:57.2	lwt.
	6	Ben Barth	SLRC	07:49.0	01:57.2	
Masters Men B	1	Jay Lyons	SLRC	06:59.1	01:44.8	
	2	Tom Sinks	SLRC	07:11.4	01:47.8	
	3	Mark Jordan	SLRC	07:22.4	01:50.6	
	4	Thomas Mitchell	SIUC	07:27.4	01:51.8	lwt.
	5	Mark Mintun	SLRC	07:29.5	01:52.4	
	6	Paul Milligan	SLRC	07:43.8	01:55.9	
	7	Nick Ghnouly	SLRC	07:52.8	01:58.2	
	8	Steve Turner	SLRC	08:12.6	02:03.1	
	9	Rein Zeidler	SLRC	08:38.5	02:09.6	
Open/Masters Women	1	Pavla Nyklova	SLRC	07:54.2	01:58.6	
	2	Meghan Butler	SLRC	07:58.1	01:59.5	lwt.
	3	Margie Freivogel	SLRC	08:04.7	02:01.2	
	4	Carmen Kurtzman	SLRC	08:13.1	02:03.3	
	5	Sarah Barth	SLRC	09:00.7	02:15.2	
	6	Claire Mitchell	SIUC	09:12.4	02:18.1	lwt.
	7	Dawn Brady	SIUC	09:21.5	02:20.4	lwt.
	8	Deanna Beard	SLRC	09:27.9	02:22.0	
Junior Men	1	Cameron Klotz	SLRC	06:28.7	01:37.2	
	2	Matt Mahon	SLRC	06:32.4	01:38.1	
	3	Jake Mintun	SLRC	06:50.4	01:42.6	
	4	Anthony Stack	SLRC	06:55.5	01:43.9	lwt.
	5	Austin Gremp	SLRC	07:03.0	01:45.7	
	6	Dillon Helfers	SLRC	07:03.1	01:45.8	
	7	Austin Vondras	SLRC	07:07.7	01:46.9	lwt.
	8	Andrew Kloppenbring	SLRC	07:14.2	01:48.5	
	9	Alex Kiehl	SLRC	07:32.2	01:53.0	lwt.
Junior Women	1	Nora Curran	SLRC	07:58.1	01:59.5	
	2	Jen Mach	SLRC	08:03.9	02:01.0	
	3	Katie Westervelt	SLRC	08:17.2	02:04.3	lwt.
	4	Elise Mayo	SLRC	08:22.5	02:05.6	
	5	Amy Adams	SLRC	08:24.3	02:06.1	
	6	Roshney Simon	SLRC	08:26.8	02:06.7	
	7	Ashaki Hall	SLRC	08:27.8	02:06.9	lwt.
	8	Mary Ellen Powers	SLRC	08:32.2	02:08.1	lwt.
	9	Anna Westervelt	SLRC	08:32.7	02:08.2	lwt.
	10	Isa Grigsby	SLRC	08:45.8	02:11.5	lwt.
Junior Novice Men	1	Jon Young	SLRC	07:03.9	01:46.0	lwt.
	2	Brendan Jones	SLRC	07:28.1	01:52.0	
	3	Harrison Reid	SLRC	08:01.8	02:00.4	lwt.
	4	Jordan Khani	SLRC	08:04.4	02:01.1	lwt.
	5	Joe Merrill	SLRC	08:18.8	02:04.7	lwt.

Junior Novice Women	1	Anna Ghnouly	SLRC	08:16.7	02:04.2	
	2	Grace Owens	SLRC	08:18.0	02:04.5	
	3	Marta Wells	SLRC	08:29.5	02:07.4	
	4	Erena Connon	SLRC	08:39.1	02:09.8	lwt.
	5	Samantha Hawatmeh	SLRC	08:48.5	02:12.1	
	6	Mary Hackmann	SLRC	08:56.0	02:14.0	
	7	Caitlin Ferris	SLRC	08:57.5	02:14.4	
	8	Shelby Goldsmith	SLRC	09:12.7	02:18.2	
	9	Theresa Signorino	SLRC	09:17.9	02:19.5	lwt.
Coxswains (500m)	1	Butterballs	WU	01:57.2	01:57.2	
	2	Dingle	WU	01:59.4	01:59.4	
	3	Mother Theresa	SLU	02:04.3	02:04.3	
	4	Flygirl	WU	02:11.6	02:11.6	
	5	Boss	WU	02:17.0	02:17.0	
	6	Long Tall Sally	WU	02:18.2	02:18.1	
	7	Slow Talker	WU	02:25.1	02:25.1	

Clubs

WU Washington University in St. Louis

MU University of Missouri

SLU St. Louis University

SIUC Southern Illinois University-Carbondale

SLRC St. Louis Rowing Club